

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7



Play musical statues. When the music stops, you stop!

Go for a walk outside, listen! What can you hear?

Get your grown up to clap a beat, can you copy it? Make it trickier! Now your turn!

Play Simon says! Make sure you listen out for what Simon says!

Play follow the leader

The grown up to make an animal noise, can you guess the animal? Now your turn!

Play pass the whisper. Say a word quietly, then they say it to the next person.



Don't read the words, talk about what you can see in the pictures.

Watch Kitchen Disco CBeebies Bedtime Stories on YouTube. Join in!

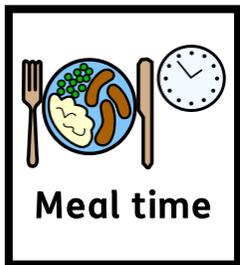
Make mistakes when reading the story. Does your child notice?

Choose a story to watch from CBeebies Bedtimes Stories on YouTube. Draw one of the characters!

Can you remember the story from last week? Tell your grown up!

Look at the front cover. Guess what will happen in the story.

abc
Can you see any sounds you know in the words? Try and spell a word.



Find 5 things that are rectangle shaped in your kitchen.

Clap the names of food on your plate

Talk about food you do not like

Decorate a biscuit. Describe what it looks like and how you made it.

Can you name 10 fruit and vegetables?

Say the first sound of all the food on your plate

Draw a plate of your favourite food - it can be silly!



Play i-spy on your walk. What can you see?

Play hide and seek

Use recycling to make an animal. Talk about it.

Do a scavenger hunt. Give your child a list of things to find on a walk (e.g. stick)

Sort clothes by person and size (load washing machine)

Experiment what sinks or floats in the bath

Take a photo. Child to find item.