

Primary Phase Curriculum Map 2019-20



William Hulme's Grammar School
The best in everyone™
Part of United Learning

Subject Area:

PSHE

Objectives covered.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Growth Mindset</p>	<p><u>Health and Wellbeing</u> Healthy Lifestyles</p> <p>To learn about some of the things that keep our bodies healthy (physical activity, sleep, rest, healthy food) (H1)</p> <p>To learn about basic personal hygiene routines and why these are important. (H6/7)</p>	<p><u>Health and Wellbeing</u> Keeping Safe</p> <p>To learn that household products, including medicines, can be harmful if not used correctly. (H11)</p> <p>To learn how to ask for help if they are unsure about something. (H13/H14/H15)</p>	<p><u>Relationships</u> Feelings and Emotions Healthy Relationships Valuing Difference</p> <p>To learn about recognising how other people are feeling (R1)</p> <p>To learn about sharing their own feelings with others (R1)</p> <p>To learn about the importance of not keeping secrets that make them feel uncomfortable, anxious or afraid. (R3)</p> <p>To learn about special people in their lives (R9)</p> <p>To learn to share their views and opinions with others (R5)</p> <p>To learn about the importance of respect for the differences and similarities between people (R8)</p>	<p><u>Living in the Wider World</u> Rights and Responsibilities Environment Money</p> <p>To learn about group and class rules and why they are important (L1/L2)</p> <p>To learn that everybody is unique (L8)</p> <p>To learn about the ways that we are the same as other people (L9)</p> <p>To learn about looking after the local environment (L5)</p> <p>To learn about where money comes from and what it is used for.</p> <p>To learn about spending and saving money (how to use money)</p> <p>To learn about how to keep money safe (L6/L7)</p>	<p><u>Health and Wellbeing</u> Growing and Changing</p> <p>To learn to recognise what they are good at and set simple goals (H3)</p> <p>To learn about how it feels when there is change or loss (H5)</p>

Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Growth Mindset		<p><u>Health and Wellbeing</u></p> <p>Healthy Lifestyles</p> <p>To learn about making healthy choices (H2)</p> <p>To learn about different kinds of feelings (H4)</p> <p>To learn about simple strategies to manage feelings (H4)</p>	<p><u>Health and Wellbeing</u></p> <p>Keeping Safe</p> <p>To learn about rules for keeping safe (in familiar and unfamiliar situations (H12)</p> <p>To learn how to ask for help if they are worried about something (H13/14/15)</p> <p>To learn about privacy in different contexts (H16)</p>	<p><u>Relationships</u></p> <p>Feelings and Emotions Healthy Relationships Valuing Difference</p> <p>To learn about different types of behaviour and how this can make others feel (R2/4/12)</p> <p>To learn that bodies and feelings can be hurt (R11)</p> <p>To learn about listening to others and playing cooperatively (R6/7)</p> <p>To learn about appropriate and inappropriate touch (R10)</p> <p>To learn that hurtful teasing and bullying is wrong (R13/14)</p> <p>To learn to share their views and opinions with others (R5)</p> <p>To learn about the importance for respect for the differences and similarities between people</p> <p>To learn what to do if teasing and bullying is happening (R8)</p>	<p><u>Living in the Wider World</u></p> <p>Rights and Responsibilities Environment Money</p> <p>To learn about group and class rules and why they are important (L1/L2)</p> <p>To learn about respecting the needs of ourselves and others (L3)</p> <p>To learn about groups and communities that they belong to (L4)</p> <p>To learn about the people who work in their community (L10)</p> <p>To learn how to get their help, including in an emergency (L10)</p>	<p><u>Health and Wellbeing</u></p> <p>Growing and Changing</p> <p>To learn to recognise what they are good at and set simple goals (H3)</p> <p>To learn about growing, changing and becoming more independent (H8/9)</p> <p>To learn the correct names for the main parts of the body of boys and girls (H10)</p>

Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Growth Mindset		<p><u>Health and Wellbeing</u></p> <p>Healthy Lifestyles</p> <p>To learn about what makes up a balanced diet (H3)</p> <p>To learn about opportunities they have to make their own choices about food (H3)</p> <p>To learn about what influences their choices about food (H3)</p> <p>To learn about what is meant by a habit (H16)</p> <p>To learn how habits can be hard to change (H16)</p>	<p><u>Health and Wellbeing</u></p> <p>Keeping Safe</p> <p>To learn about the importance of school rules for health and safety (H15)</p> <p>To learn about how to get help in an emergency (H15)</p> <p>To learn about people who help them stay healthy and safe. (H23)</p>	<p><u>Relationships</u></p> <p>Feelings and Emotions Healthy Relationships Valuing Difference</p> <p>To learn about different types of behaviour and how this can make others feel (R1)</p> <p>To learn that bodies and feelings can be hurt (R1)</p> <p>To learn about listening to others and playing cooperatively</p> <p>To learn about appropriate and inappropriate touch</p> <p>To learn that hurtful teasing and bullying is wrong.</p> <p>To learn what to do if teasing and bullying is happening.</p> <p>To learn to share their views and opinions with others.</p> <p>To learn about the importance for respect for the differences and similarities between people.</p>	<p><u>Living in the Wider World</u></p> <p>Rights and Responsibilities Environment Money</p> <p>To learn about group and class rules and why they are important</p> <p>To learn about respecting the needs of ourselves and others</p> <p>To learn about groups and communities that they belong to (L9/10)</p> <p>To learn about the people who work in their community (L9/10)</p> <p>To learn how to get their help, including in an emergency</p> <p>To learn about looking after the local environment (L7)</p> <p>To learn about where money comes from and what it is used for</p> <p>To learn about spending and saving money (how to use money)</p> <p>To learn about how to keep money safe</p>	<p><u>Health and Wellbeing</u></p> <p>Growing and Changing</p> <p>To learn to recognise their achievements and set personal targets for the future (H5)</p> <p>To learn about a wider range of feelings, both good and not so good (H6/7)</p> <p>To learn that people can experience conflicting feelings at the same time (H6/7)</p> <p>To learn about describing their feelings to others</p>

Year 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Growth Mindset	<p>Health and Wellbeing</p> <p>Healthy Lifestyles</p> <p>To learn about what makes a 'balanced lifestyle' (H1/H2)</p> <p>To learn about making choices in relation to health (H1/H2)</p> <p>To learn about drugs that are common in everyday life (medicines, caffeine, alcohol and tobacco) (H17)</p> <p>To learn how the spread of infection can be prevented (H12)</p>	<p>Health and Wellbeing</p> <p>Keeping Safe</p> <p>To learn about keeping safe in the local environment (H21)</p> <p>To learn about keeping safe online (H22/H25)</p>	<p>Relationships</p> <p>Feelings and Emotions</p> <p>Healthy Relationships</p> <p>Valuing Difference</p> <p>To learn about the concept of keeping something confidential or secret (R9)</p> <p>To learn about when they should or should not agree to keeping a secret (R9)</p> <p>To learn to recognise and manage dares (R15)</p> <p>To learn about the difference between acceptable and unacceptable physical contact (R8)</p> <p>To learn how to respond to unacceptable physical contact (R8)</p> <p>To learn about solving disputes and conflict amongst themselves and their peers (R12)</p> <p>To learn how to listen and respond respectfully to a wide range of people (R10)</p> <p>To learn about sharing their points of view (R10)</p>	<p>Living in the Wider World</p> <p>Rights and Responsibilities</p> <p>Environment</p> <p>Money</p> <p>To learn to discuss and debate issues concerning health and wellbeing (L1)</p> <p>To learn to appreciate difference and diversity (people living in the UK) (L11)</p> <p>To learn about the values and customs of people around the world (L12)</p> <p>To learn about the sustainability of the environment across the world (L15)</p> <p>To learn about the role of money (L13)</p> <p>To learn ways of managing money (budgeting and saving) (L13)</p> <p>To learn about what is meant by 'interest' and 'loan' (L14)</p>	<p>Health and Wellbeing</p> <p>Growing and Changing</p> <p>To learn to recognise their achievements and set personal targets for the future (H5)</p>	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Growth Mindset	<p>Health and Wellbeing</p> <p>Healthy Lifestyles</p> <p>To learn how positivity and negativity affects health and wellbeing (including mental and emotional health) (H1/H2)</p> <p>To learn how to make informed choices that contribute to a ‘balanced lifestyle’ (H1/H2)</p> <p>To learn about the benefits of a balanced diet (H3)</p> <p>To learn about different influences on food and diet (H3)</p> <p>To learn about developing skills to help make their own choices about food (H3)</p>	<p>Health and Wellbeing</p> <p>Keeping Safe</p> <p>To learn about strategies for managing personal safety - local environment (H21)</p> <p>To learn about strategies for managing personal safety – online (H22/25)</p> <p>To learn what to consider before sharing pictures of themselves and others online (H22/25)</p> <p>To learn how to keep safe and well when using a mobile phone (H24)</p>	<p>Relationships</p> <p>Feelings and Emotions</p> <p>Healthy Relationships</p> <p>Valuing Difference</p> <p>To learn how to respond appropriately to a wider range of feelings in others (R1)</p> <p>To learn about the consequences of their actions on themselves and others (R7)</p> <p>To learn about working collaboratively toward shared goals (R11)</p> <p>To learn about negotiation and compromise strategies to resolve disputes and conflict (R12)</p> <p>To learn to give helpful feedback and support to others (R12)</p> <p>To learn to respectfully listen to others but raise concerns and challenge points of view when necessary (R10)</p>	<p>Living in the Wider World</p> <p>Rights and Responsibilities</p> <p>Environment</p> <p>Money</p> <p>To learn to research, discuss and debate issues concerning health and wellbeing (L1)</p> <p>To learn why and how laws and rules are made. To learn how to take part in making and changing rules (L2)</p> <p>To learn how anti-social behaviours can affect wellbeing. To learn how to handle, challenge or respond to antisocial or aggressive behaviours (L6)</p> <p>To learn about resolving differences, respecting different points of view and making their own decisions (L8)</p> <p>To learn about different kinds of responsibilities (home, school, community and the environment) (L7)</p> <p>To learn how finance plays an important part in people’s lives. To learn about being a critical consumer (L13)</p> <p>To learn about what is meant by ‘interest’, ‘loan’, ‘debt’ and about the importance of looking after money, including managing loans and debts. To learn that people pay ‘tax’ to contribute to society (L14)</p>	<p>Health and Wellbeing</p> <p>Growing and Changing</p> <p>To learn about different ways of achieving and celebrating personal goals (H5)</p> <p>To learn how having high aspirations can support personal achievements (H5)</p> <p>To learn how to further describe the range and intensity of their feelings to others (H6/7)</p> <p>To learn how to manage complex or conflicting emotions (H6/7)</p> <p>To learn about coping with change and transition - how this relates to bereavement and the process of grieving (H8)</p>	

Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Growth Mindset		<p><u>Health and Wellbeing</u></p> <p>Healthy Lifestyles</p> <p>To learn how images in the media can distort reality (H4)</p> <p>To learn that this can affect how people feel about themselves (H4)</p> <p>To learn about some of the risks and effects of legal and illegal substances (drugs – including medicines, alcohol and tobacco) (H17)</p>	<p><u>Health and Wellbeing</u></p> <p>Keeping Safe</p> <p>To learn about independence, increased responsibility and keeping safe (H9/10/11)</p> <p>To learn strategies for managing risk (H9/10/11)</p> <p>To learn about different influences on behaviour, including peer pressure and media influence (H13/14)</p> <p>To learn how to resist unhelpful pressure and ask for help (H13/14)</p> <p>To learn about the right they have to protect their body (H20)</p> <p>To learn about who is responsible for their health and wellbeing (H23)</p> <p>To learn where to get help advice and support(H23)</p>	<p><u>Relationships</u></p> <p>Feelings and Emotions Healthy Relationships Valuing Difference</p> <p>To learn about confidentiality (R9)</p> <p>To learn about times when it appropriate and necessary to break a confidence (R9)</p> <p>To learn about what constitutes a positive, healthy relationship (R2/4)</p> <p>To learn about the skills to maintain positive relationships (R2/4)</p> <p>To learn about judging whether physical contact is acceptable or unacceptable (R8)</p> <p>To learn how to respond (R8)</p> <p>To learn about the importance of keeping personal boundaries and the right to privacy (R21)</p> <p>To learn to respectfully listen to others but raise concerns and challenge points of view when necessary (R10)</p> <p>To learn about discrimination, teasing, bullying and aggressive behaviour and its effect on others (R14/R18)</p>	<p><u>Living in the Wider World</u></p> <p>Rights and Responsibilities Environment Money</p> <p>To learn to research, discuss and debate issues concerning health and wellbeing (L1)</p> <p>To learn about the importance of human rights (and the Rights of the Child) (L3/4)</p> <p>To learn about the UN declaration on the Rights of the Child (L3/4)</p> <p>To learn about what it means to be a part of a community (L9/10)</p> <p>To learn about different groups / individuals that support the local community (L9/10)</p> <p>To learn about how resources are allocated and the effect this has on individuals, communities and the environment (L15)</p> <p>To learn what it takes to set up an enterprise (L16)</p>	<p><u>Health and Wellbeing</u></p> <p>Growing and Changing</p> <p>To learn about different ways of achieving and celebrating personal goals (H5)</p> <p>To learn how having high aspirations can support personal achievements (H5)</p> <p>To learn that human rights overrule any beliefs, ideas or practices that harm others (L5)</p>