

PE Department Extra-curricular Timetable -Autumn



**HEALTH
&
FITNESS**



**SOCIAL
SKILLS**



TEAMWORK



COMPETITION



ENJOYMENT



**IMPROVE
SKILLS**



**SELF
ESTEEM**

LUNCH CLUBS - 1.15 – 1.45	
Trainers Only needed	
MONDAY	Key Stage 3 Table Tennis – Activities Studio - AJR
	Key Stage 4/5 - Gym / Fitness - BW
	Girls Skateboarding – Sports Hall - MSB
TUESDAY	Open – Astro – SLT
	Key Stage 4/ 5 Table Tennis – Activities Studio - RJC
	Badminton – Sports Hall – Mrs Smith
WEDNESDAY	Open – Astro – SLT
	Key Stage 3 Basketball – Boys and Girls – Sports Hall - BW
	Key Stage 3 Table Tennis – Activities Studio - RJC
THURSDAY	Open – Astro – SLT
	Dance / Yoga - Activities Studio – Mrs Ellis
	Key Stage 4/5 - Gym / Fitness – Ms Kaufman
FRIDAY	Badminton – Sports Hall - RDM
	Open – Astro – SLT
	Key Stage 4/5 - Gym / Fitness – CZ
FRIDAY	Key Stage 3 Table Tennis – Activities Studio - RL
	Open – Astro – SLT

PE Department Extra-curricular Timetable -Autumn



**HEALTH
&
FITNESS**



**SOCIAL
SKILLS**



TEAMWORK



COMPETITION



ENJOYMENT



**IMPROVE
SKILLS**



**MAKE
NEW FRIENDS**



**SELF
ESTEEM**

AFTER SCHOOL (3.15 – 4.30)	
MONDAY	Boys Basketball- Sports Hall – Key Stage 3/4 – BW Girls Fitness – Activity Studio - RJC
TUESDAY	Netball – All Years - MSB / RJC Rugby – Girls and Boys – All Year Group
WEDNESDAY	Boys Football 9,11 - BW + RDM Girls Basketball Sports Hall - RJC
THURSDAY	Badminton – All Year groups - RDM Year 7 Football – AJR Girls Football – Manchester City & RL Hockey – All Year groups – LB Dance – Girls Without Boundaries (Activities Studio) – 1ST November
FRIDAY	

WHGS PE Dept



- Follow us and keep updated on all PE Department news and fixtures.
- Retweet your teams news & photos.