

DURING THE EXAM



1. Look through all the questions before answering any. This will help you plan your time to write your answers.
2. Read questions carefully to make sure you understand exactly what they are asking.
3. Along with your answers, show your workings out and make them really clear for the examiner to read – you may get some extra marks!
4. Try not to spend so much time answering the harder questions, that you miss out on the easier marks, or get stuck on one question. Keep going and leave time to go back to it.
5. Try to answer all the questions you're meant to (especially multiple choice questions), even if it's just your best guess. Give it a go!
6. Double-check your answers to make sure they make sense, plus you can gain extra marks for correct spelling and grammar.
7. Stay for the whole of the exam, even if you think you might be finished. You could suddenly remember something you could add to the answer!

What To Do If You Panic In The Exam

- S**top.
Understand that it's ok and normal.
Close your eyes.
Collect your thoughts.
Exhale and inhale.
Stay in the moment.
Start again.



BEFORE THE EXAM



1. Create a distraction-free study environment, where you have all the equipment you need for your productive study sessions.
2. Create a revision plan. Turn over for our Review Timetable to get you started!
3. Prioritise the most important topics first. Try not to spend too long on the topics you find easiest and know well already.
4. Arrange study sessions to be a maximum of 30 minutes long. Revision uses up a lot of energy. It does you good to have a bit of a move around. Make sure you have at least a 5-minute break to refresh.
5. Keep a glass of water with you during your study sessions, to keep you hydrated and your concentration levels up.
6. Get fun and creative with your revision to keep it interesting. Mix up memory techniques, make post-its to stick round the house, create A-maps, draw pictures, make up songs, practice questions – whichever methods work for you!
7. The night before your exam, make sure you have everything you need for it (including spares), and you know what time you need to be at the exam. Have a good dinner, relax and visualise walking into the exam calm, positive and in control.
8. On the morning of the exam, have a yummy breakfast, leave plenty of time to arrive, stay away from negativity and breathe deeply. You've got this!

STUDENT EXAM SURVIVAL KIT

"The expert in anything was once a beginner"

Remember,
the sooner you start
revising the better. It's
never too late!

 @LPerformance



