# **Sports Studies (Cambridge National)**

### Year 11



PE at William Hulme's Grammar School is underpinned by the United Learning PE and Health Curriculum. The aim is to provide a broad and balanced curriculum that brings out 'the best in everyone' across performance, leadership and health strands. We develop physically skilful young people who acquire the skills, knowledge, understanding, character and confidence to prepare them for examination PE and a positive lifelong relationship with physical activity and sport.

Cambridge National in Sport Studies will encourage students to:

- Understand and apply the fundamental principles and concepts of Sport Studies.
- Develop learning and practical skills that can be applied to real-life contexts and work situations.
- Think creatively, innovatively, analytically, logically and critically.
- Develop independence and confidence in using skills that are relevant to the Exercise, Physical Activity, Sport and Health sector and more widely.
- Understand topical and contemporary issues in sport, including; why people do and do not participate in sport, the promotion of ethics and values, the roles of National Governing Bodies and high profile events have in sport, as well as how technology is used within sport.
- Develop skills as a performer in two different sporting activities and learn how to lead sporting activity sessions.
- Create a plan, write and evaluate an activity session, to further develop leadership skills.
- Analyse their own performance to help improve themselves and their skills in sport.
- Develop the skills of team working, research and planning and understand that sports performance goes far beyond just the simple physical activity of sport.
- Take part in outdoor and adventurous activities in natural settings, learning how to do this safely as well as understanding the benefits that these activities offer to people.

### Contemporary Issues in Sport

### Learning objective 1: Issues which affect participation in sport

- 1.1 User groups
- 1.2 Possible barriers
- 1.3 Possible barrier solutions
- 1.4 Factors which can positively and negatively impact upon the popularity of sport in the UK
- 1.5 Emerging/new sports in the UK

### Learning objective 2: The role of sport in promoting values

- 2.1 Sport values
- 2.2 Olympic and Paralympic movement
- 2.3 Sporting values initiative and campaigns
- 2.4 The importance of etiquette and sporting behaviour
- 2.5 The use of performance enhancing drugs in sport

### Assessment

Exam-based questions End of unit tests Mock tests

#### Contemporary Issues in Sport

# Learning objective 3: The implications of hosting a major sporting event for a city or country

- 3.1 The features of a major sporting event
- 3.2 Positive and negative pre-event aspects of hosting a major sporting event
- 3.3 Potential positive and negative aspects of hosting major sporting event

### **Assessment**

Exam-based questions End of unit tests Mock tests

Overview

**Autumn Term** 

Spring Term

# Learning objective 4: The role National Governing Bodies (NGBs) play in the

development of their sport

4.1 National governing bodies

# Learning objective 5: The use of technology in sport

5.1 The role of technology in sport

5.2 Positive and negative effects of the use of technology in sport

**Summer Term** 

# Contemporary Issues in Sport

Lessons will focus on developing exam technique and addressing pupils specific gaps in knowledge.

### **Assessment**

Exam-based questions End of unit tests Mock tests

Final exam board test (80 marks)

Useful Resources for Supporting Your Child at Home:	Homework:
OCR Level 1/Level 2 Cambridge National in Sport Studies specification	Pupils will be set homework related to their appropriate learning objective.
Login (unitedlearning.org.uk)	Extra-curricular clubs focusing on participation, leadership and competitive sports run throughout
GCSE Learning and Revision   GCSEPod	the school year.
Home - BBC Bitesize	Pupils and parents are encouraged to take advantage of sport and leisure facilities in their local
Free Homework & Revision for A Level, GCSE, KS3 & KS2 (senecalearning.com)	community.