



Year 7

Overview

The Year 7 PSHE Curriculum is designed by United Learning. PSHE and RSE is not delivered in isolated blocks – a topic model is used to allow students to engage in themes, through a range of different lenses. At the end of each half term, the resources will be prepared for the following term.

Year 7 PSHE – delivered as one lesson a fortnight (Week A, Wednesday P4).

Autumn Term

1	Sharing Perspectives	18/09/2024	P4
2	Respecting Differences	02/10/2024	P4
3	Factors Affecting Relationships	16/10/2024	P4
4	Mental and Emotional Health	06/11/2024	P4
5	Risky Behaviour	20/11/2024	P4
6	Presenting Myself Well	04/12/2024	P4
7	Evaluating Influence	18/12/2024	P4

Autumn Term

1	Self-Review: Who am I	15/01/2025	P4
2	Balance and Responsibility	29/01/2025	P4
3	Qualities and Behaviours	12/02/2025	P4
4	Familial Roles & Responsibilities	05/03/2025	P4
5	Financial Ethics	19/03/2025	P4
6	Values and Boundaries	02/04/2025	P4

Autumn Term

1	Representations of Mental Health	30/04/2025	P4
2	Social media opportunities & Benefits	14/05/2025	P4
3	Media & Self-Image	04/06/2025	P4
4	Media representations of Relationships	18/06/2025	P4
5	Responding when things go wrong online	09/07/2025	P4