



Year 10 (PSHE)

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| Overview | <p>PSHE lessons form an important part in preparing our students to become successful adults. The curriculum covers a wide variety of topics where British Values are embedded throughout. Assemblies, form-time activities & guest speakers are linked to lesson topics to provide a holistic delivery.</p> <p>The curriculum offers a platform for pupils to explore, debate and discuss real life topics and develop relevant life skills to enable them to become informed, empathetic, and responsible citizens.</p> |
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| Topic: Relationships and Sex Education (RSE) | | Assessment |
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| Autumn Term | <p>Key themes:</p> <ul style="list-style-type: none"> ■ Consent and Abuse ■ Peer on Peer Abuse (online) ■ Forced vs Arranged Marriages ■ Harassment, Stalking and Revenge Pornography ■ Masculinity and Men ■ Fertility ■ STI's | <p>Key knowledge:</p> <ul style="list-style-type: none"> ■ Understanding consent and personal boundaries ■ Personal boundaries on and offline. ■ Identifying risk and harm ■ The law and image sharing ■ Positive masculinity ■ Fertility and what can impact it ■ Infections and treatments |
| | | <p>In class questions and discussion. End of term Microsoft Forms survey/quiz.</p> |

| Topic: Health and Wellbeing | | Assessment |
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| Spring Term | <p>Key themes:</p> <ul style="list-style-type: none"> ■ The teenage brain ■ Managing grief and bereavement ■ Screen time/ social media ■ Why do some people commit suicide? ■ Crime, Gangs and County Lines ■ Dangers of pornography | <p>Key Knowledge:</p> <ul style="list-style-type: none"> ■ Understanding of the self and neurological development ■ Managing emotions and trauma ■ Addiction to social media and risky online behaviour ■ Mental illness ■ Why people join gangs, avoiding manipulation and the law ■ The risks of pornography, inaccurate depictions of intimacy and addiction. |
| | | <p>In class questions and discussion. End of term Microsoft Forms survey/quiz.</p> |

| Topic: Living in The Wider World | | Assessment |
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| Summer Term | <p>Key themes:</p> <ul style="list-style-type: none"> ■ Honour Based Violence ■ Money management, tax and NI ■ Rights and Responsibilities in the Workplace ■ Cannabis | <p>Key Knowledge:</p> <ul style="list-style-type: none"> ■ So called "honour" based violence and the law – support and victims ■ Understanding the payslip, what tax and national insurance is for ■ Working conditions and pay ■ Dangers/risks of illegal drugs |
| | | <p>In class questions and discussion. End of term Microsoft Forms survey/quiz.</p> |

| Useful Resources for Supporting Your Child at Home: | Homework: |
|--|------------------------------|
| <p>Relationships Childline Healthy relationships NSPCC Homophobic bullying Childline Your Child's Self-Esteem (for Parents) - Nemours KidsHealth Parents Mental Health Support Advice for Your Child YoungMinds Puberty Childline</p> | <p>Not Applicable</p> |

[Female Genital Mutilation - Prevent & Protect | NSPCC](#)

[Bullying and advice on coping and making it stop | Childline](#)

[Criminal exploitation and gangs | NSPCC](#)

[Child Safety Online: A practical guide for parents and carers whose children are using social media - GOV.UK \(www.gov.uk\)](#)