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How to Revise

Mrs Howell

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A m b i t i o n



R e s p e c t



C o m p a s s i o n



What will we cover in these sessions?



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Monday 15th April: retrieval and memory

Monday 22nd April: Leitner flashcards

Monday 29th April: Cornell notes and self-quizzing

Monday 13th May: study buddies and graphic organisers

A m b i t i o n



R e s p e c t



C o m p a s s i o n



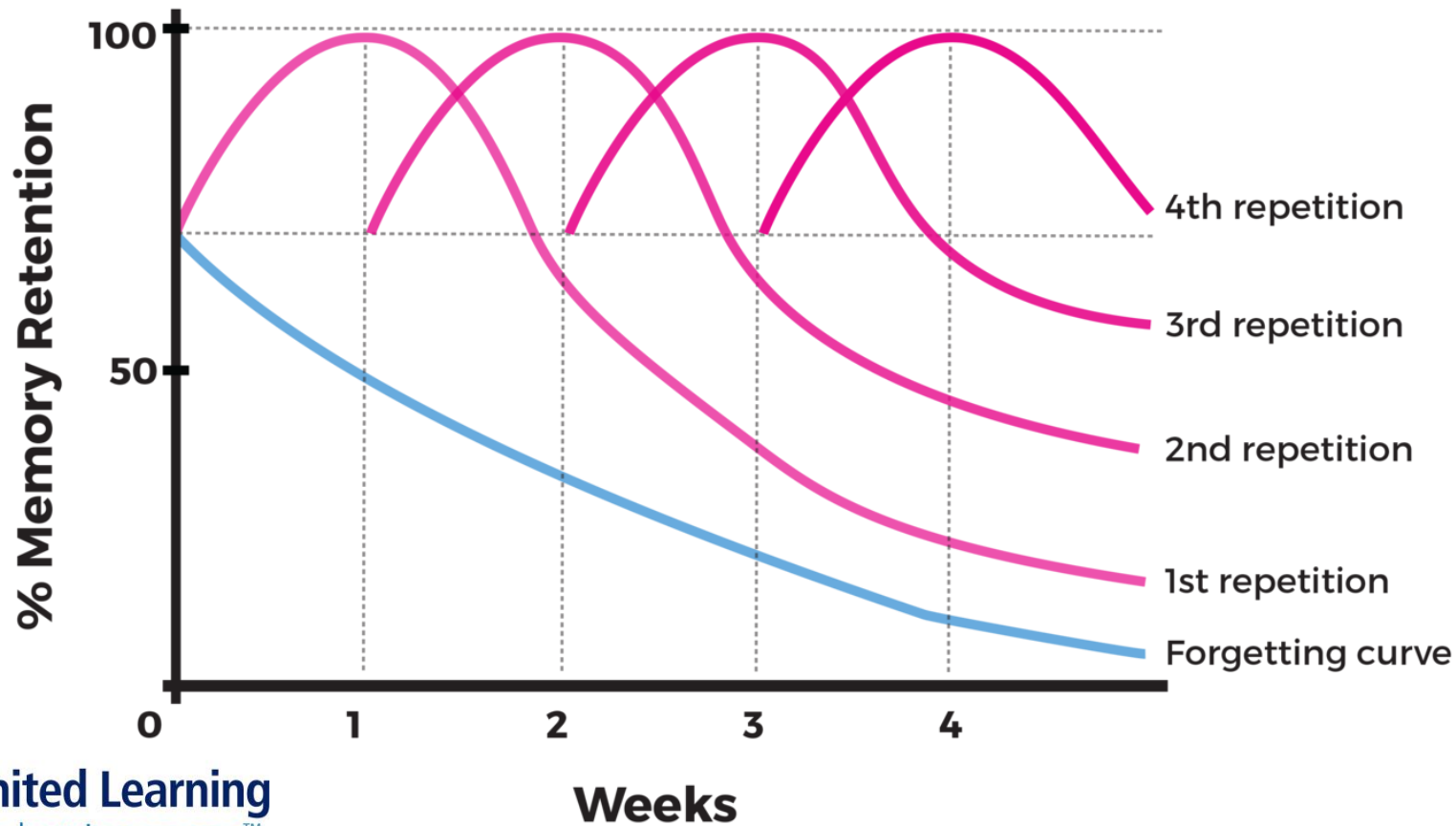
Interrupting the Forgetting Curve



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Curve of Forgetting

For newly learned information



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The Benefits of Retrieval



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Working Memory



Long-Term Memory



Retrieval



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The Retrieval Continuum



Cued retrieval
e.g. sentence starters, key words, questions, headings, MCQs...

Free recall e.g. brain dump

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Retrieval Strategy One: Brain Dump



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Don't look at your notes. Write down everything that you can remember about organisms.



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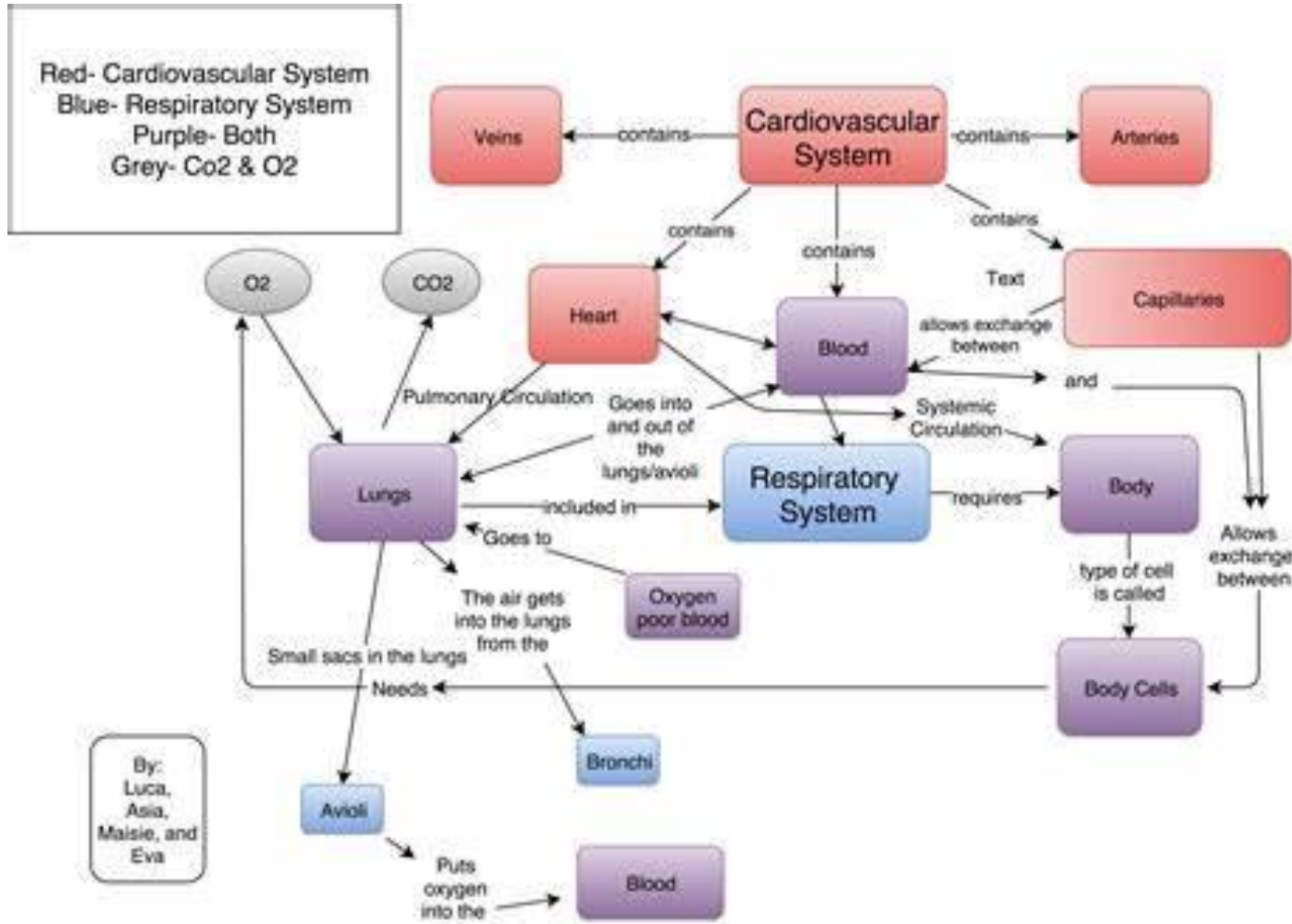
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Retrieval Strategy Two: Concept Map



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By:
Luca,
Asia,
Maisie, and
Eva

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Retrieval Strategy Three: Retrieval Cards



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*	?	Items to know	Answer
		Three words to describe Scrooge.	
		Definition of a foil.	
		Who is Scrooge's foil?	
		What is meant by the metaphor 'golden idol'?	



The Importance of Corrective Feedback

After retrieval, it is important to check your book and other classroom resources to make sure you correctly retrieved the information.

By correcting misunderstandings, you are giving yourself feedback on what you know and what you need to focus on in further study sessions.

When you practise retrieving the same information again, it will feel easier!



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REVISION

Effective revision is...

- **Active**, not passive;
- **Metacognitive** (reflect on successes and areas to work on);
- **Desirable difficulties**;
- **Social**: “it’s a good idea to speak out loud” when revising; “quiz one another: you’ll each have slightly different perspectives which will further aid your memory”. (Willingham, 2024)



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How to Revise: Top Tips



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1. **Little and often** is the most effective way to revise. Plan in rest days and breaks.
2. Revision is most effective when it is **active, not passive. It should feel hard!** This is why re-reading and highlighting are among the least effective techniques.
3. Revision can be **social**: quizzing using flashcards, Cornell notes or elaborative interrogation is a really helpful way to test yourself or a study buddy with corrective feedback.
4. **Dialogue** around revision is great. Use fun activities like 'Tell me three', 'Just a minute' or The Feynman Technique to show off what you know!
5. Revision **wellbeing** is important. Stay hydrated, go to bed at a regular time, eat a healthy diet and to put technology to one side while you revise.

