# WHGS Sixth Form

# Psychology

S)

William Hulme's Grammar School The best in everyone<sup>™</sup> Part of United Learning



Endeavour

Excel



Psychology year 1 provides students with a foundation of knowledge of the key theories that help to explain human mind and behaviour. Here students will also develop skills and an understanding of the methods used to investigate conformity and obedience, cognitive processing and memory, early childhood and relationships and mental illness.

#### **Content:**

- **Topic 1:** Approaches in Psychology
- **Topic 2:** Social influence
- **Topic 3:** Memory
- **Topic 4:** Attachment
- **Topic 5:** Psychopathology

With research methods embedded throughout.

### Research

- What is psychology?
- What different types of psychologists are there?
- What is the difference between psychology, criminology and forensic psychology?

What is Psychology?

Becoming a Psychologist

Time: 1hr





Watch and Listen: Mental Health () () TED talk about stress. Summarise some of the key points highlighted in this talk. The Science of Stage Fright and How to Overcome It Time: 15mins  $\bigcirc$   $\bigcirc$ 

TED talk about causes for depression and anxiety

# **Complete: Mental Health**

Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.

# **Complete: Memory**

Quiz to see how good your Memory is. Can you remember all the finer details? Once you have completed the guiz, create a quick mindmap showing what 'memory' means to you, what can affect memory and how you think memory can be improved.

'How Good Is Your Memory?' Quiz

Time: 30mins

Time: 30mins

**Research Task: Mental Health** 

Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics.

#### TED talk about mental health. Summarise some of the key points highlighted in this talk.

Watch and Listen: Mental Health

Watch and Listen: Mental Health This is Why You Could be Depressed or Anxious







Time: 15mins

Time: 2hrs



# What's So Funny about Mental Health?

#### Watch: Memory

TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes.

### Research: Memory

What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content.

#### Eyewitness Testimony

#### **Complete:** Memory

Produce a handout or PowerPoint detailing what eyewitness testimony is, the factors that can affect the accuracy of it, and briefly outlining some of the key research.

#### Watch: Extension Work

If you have access to Netflix, watch: 'The Mind Explained'

> Time: 1hr 20mins for all Episodes 1-4

How Reliable is Your Memory?

TED Talks – Elizabeth Loftus

#### Research Task: Social Influence

- Is our behaviour a product of environment?
- Are we easily influenced by those around us?
- Could be persuaded to do ANYTHING under the right conditions?

Research social influence in Psychology and create a mind map of research to help address this question.

# Watch and Listen: Social Influence

TED talk about social influence. Summarise some of the key points highlighted in this talk.

The Psychology of Evil

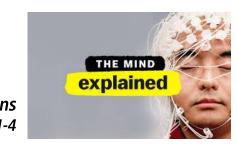
Time: 28mins





# Time: 1hr

#### Time: 1hr





() ()





Time: 40mins

#### **Research Task: Social Influence**

Minority social influence and social change: social influence can also be very positive.

Research the African American civil rights movement and make notes on the characteristics and actions of the minority group that lead to social change.

### Watch: Extension Work

If you have access to Netflix, watch: 'The Push'

Time: 1hr 8mins

## Psychology Binge Watching List:

The Devil Next Door Murderer to Mercy: The Cyntoia Brown Story When They See Us Shutter Island 100 Humans 50 First Dates Sacrifice (Derren Brown) Three Identical Strangers Mind Hunter Making A Murderer Girl Interrupted The Confession Killer Time: The Kalief Browder Story Memory Games Kalifat The Creative Brain Black My Beautiful Broken Brain













Time: 2hrs