

WHGS Sixth Form



William Hulme's Grammar School
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Psychology

Engage

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Psychology year 1 provides students with a foundation of knowledge of the key theories that help to explain human mind and behaviour. Here students will also develop skills and an understanding of the methods used to investigate conformity and obedience, cognitive processing and memory, early childhood and relationships and mental illness.

Content:

- **Topic 1:** Approaches in Psychology
- **Topic 2:** Social influence
- **Topic 3:** Memory
- **Topic 4:** Attachment
- **Topic 5:** Psychopathology

With research methods embedded throughout.

Research



- What is psychology?
- What different types of psychologists are there?
- What is the difference between psychology, criminology and forensic psychology?

[What is Psychology?](#)

[Becoming a Psychologist](#)

Time: 1hr



Watch and Listen: Mental Health



TED talk about mental health.

Summarise some of the key points highlighted in this talk.

[What's So Funny about Mental Health?](#)

Time: 15mins

Research Task: Mental Health



Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics.

Time: 2hrs

Watch and Listen: Mental Health



TED talk about stress.

Summarise some of the key points highlighted in this talk.

[The Science of Stage Fright and How to Overcome It](#)

Time: 15mins

Watch and Listen: Mental Health



TED talk about causes for depression and anxiety

[This is Why You Could be Depressed or Anxious](#)

Time: 20mins

Complete: Mental Health



Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.

Time: 30mins

Complete: Memory



Quiz to see how good your Memory is. Can you remember all the finer details? Once you have completed the quiz, create a quick mindmap showing what 'memory' means to you, what can affect memory and how you think memory can be improved.

['How Good Is Your Memory?' Quiz](#)

Time: 30mins



Watch: Memory



TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes.

[How Reliable is Your Memory?](#)

TED Talks – Elizabeth Loftus

Time: 40mins

Research: Memory



What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content.

[Eyewitness Testimony](#)

Time: 1hr

Complete: Memory



Produce a handout or PowerPoint detailing what eyewitness testimony is, the factors that can affect the accuracy of it, and briefly outlining some of the key research.

Time: 1hr

Watch: Extension Work



If you have access to Netflix, watch:
'The Mind Explained'

**Time: 1hr 20mins
for all Episodes 1-4**



Research Task: Social Influence



- Is our behaviour a product of environment?
- Are we easily influenced by those around us?
- Could be persuaded to do ANYTHING under the right conditions?

Research social influence in Psychology and create a mind map of research to help address this question.

Time: 2hrs

Watch and Listen: Social Influence



TED talk about social influence.
Summarise some of the key points highlighted in this talk.

[The Psychology of Evil](#)

Time: 28mins



Research Task: Social Influence



Minority social influence and social change: social influence can also be very positive.

Research the African American civil rights movement and make notes on the characteristics and actions of the minority group that lead to social change.

Time: 2hrs

Watch: Extension Work



If you have access to Netflix, watch:
'The Push'



Time: 1hr 8mins

Psychology Binge Watching List:

The Devil Next Door
Murderer to Mercy: The Cyntoia Brown Story
When They See Us
Shutter Island
100 Humans
50 First Dates
Sacrifice (Derren Brown)
Three Identical Strangers
Mind Hunter

Making A Murderer
Girl Interrupted
The Confession Killer
Time: The Kalief Browder Story
Memory Games
Kalifat
The Creative Brain
Black
My Beautiful Broken Brain

NETFLIX

