

Getting Things Going Well Again in Your Family

Early Help



Do any of these thoughts feel true to you? "I feel stressed all the time" "I am worried about Finances" "I'm worried about my child" "Things could be going better for my family"

What is Early Help?

Everyone needs a little help at times and we realise how important family is.

Early Help is a way to offer guidance and support to you when things aren't going as well as they could.

Early Help can give you and your family access to a wide range of organisations and agencies to provide advice and support including:

- Offering help to access jobs and training
- Parenting courses
- Housing difficulties
- Family support
- Money management advice
- Mentoring programs
- Helping if your child has issues at school

It looks at the strengths of your family and provides support to help things become better, it should empower you to move forward and improve things for your family

It begins with a conversation...

To look at different areas of your life, for us to work with you and understand what is most important for you and your family and how we can offer genuine support.

What to do if you think Early Help could Benefit you?

Contact:

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Visit: <u>hsm.manchester.gov.uk</u> for further information on services available for you and your family.