

Subject: Personal, Social, Health and Economic Education



William Hulme's Grammar School
The best in everyone™
Part of Unleash Learning

Year 9 (PSHE)

Overview	<p>PSHE lessons form an important part in preparing our students to become successful adults. The curriculum covers a wide variety of topics where British Values are embedded throughout. Assemblies, form-time activities & guest speakers are linked to lesson topics to provide a holistic delivery.</p> <p>The curriculum offers a platform for pupils to explore, debate and discuss real life topics and develop relevant life skills to enable them to become informed, empathetic, and responsible citizens.</p>
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Topic: Relationships and Sex Education (RSE)		Assessment
Autumn Term	<p>Key themes:</p> <ul style="list-style-type: none"> ■ Consent ■ Domestic violence and abusive relationships ■ Parenting ■ Child exploitation happen ■ Men's mental health and masculinity ■ *Contraception 	<p>Key knowledge:</p> <ul style="list-style-type: none"> ■ Identifying risk and harm ■ Understanding the law and support for victims ■ Challenges men face in modern society and how to overcome them ■ *Safe sexual relationships and infections
		<p>In class questions and discussion. End of term Microsoft Forms survey/quiz.</p>

Topic: Health and Wellbeing		Assessment
Spring Term	<p>Key themes:</p> <ul style="list-style-type: none"> ■ Understanding anxiety ■ Puberty and the body ■ HBT bullying ■ Body image/ eating disorders ■ Self-harm ■ How does knife crime impact our lives? 	<p>Key Knowledge:</p> <ul style="list-style-type: none"> ■ Mindfulness and wellbeing ■ Addiction and risks of gambling ■ Human rights, the equality act and extremism ■ Physical health ■ Personal safety, the law and knives, the impact of knife crime
		<p>In class questions and discussion. End of term Microsoft Forms survey/quiz.</p>

Topic: Living in The Wider World		Assessment
Summer Term	<p>Key themes:</p> <ul style="list-style-type: none"> ■ Ablism ■ Rights around the world ■ Fake News and Critical Thinking ■ Modern day slavery 	<p>Key Knowledge:</p> <ul style="list-style-type: none"> ■ Disability awareness and the equality act ■ Human rights and laws around the world ■ Understanding where disinformation comes from and how ■ Understanding democracy ■ Understanding exploitation
		<p>In class questions and discussion. End of term Microsoft Forms survey/quiz.</p>

Useful Resources for Supporting Your Child at Home:	Homework:
<p> Relationships Childline Healthy relationships NSPCC Homophobic bullying Childline Your Child's Self-Esteem (for Parents) - Nemours KidsHealth Parents Mental Health Support Advice for Your Child YoungMinds Puberty Childline Female Genital Mutilation - Prevent & Protect NSPCC Bullying and advice on coping and making it stop Childline Criminal exploitation and gangs NSPCC Child Safety Online: A practical guide for parents and carers whose children are using social media - GOV.UK (www.gov.uk) </p>	<p>Not Applicable</p>